

## **Minutes of the Meeting of the Council on Aging**

**Wednesday, August 10, 2022 The Barn**

Meeting called to order by Georgette Kinney at 12:35. Present were: Bruce, Georgette Kinney, Pamela Knowles, Robin Goldberg and Peg Muskrat.

Chat/reflection time...we expressed our sadness that Bruce will be moving to Lenox and will no longer be able to serve on our COA. We thanked him for his dedication and many years of service to the COA and other organizations. Georgette will be the new chairperson of the COA.

Minutes of the June 1<sup>st</sup> meeting were approved.

Coffee Hours continue at Sara's Place on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of each month. Turnout varies from month to month but the conversations are always interesting!

September Lunch will be outside at The Barn on the 7<sup>th</sup>. Peg will contact Juliette Haas on BOH regulations and also Roger the Jester to see if he will provide entertainment. This will be promoted as an "In person Bag Lunch"!

August 28 Town Birthday Party from 12:30 - 3:00. Peg will set up with vests, etc. It would be good if someone else could cover some of the time.

Fall/Winter Plans were discussed but no final decisions made. Peg has a tentative schedule that can be amended at next meeting.

October Lunch will be the Birthday Celebration for those turning 90 in 2022 and all 90 plus seniors. Peg will contact Smitty Pignatelli and Erika Ludwig and get invites out.

Senior Exercise Programs - Peg will contact Polly Mann and Kathy Loring to get schedules from GB and Sheffield. She will also check with Bill Meier on the Simon's Rock Senior Swim Program ( I heard back from Bill...they are planning something for seniors for the fall, he does not have specifics yet but will let me know as soon as he does. I will follow up with him if I don't hear back).

Be Prepared Kits - Bruce or Peg will follow up.

Senior Playgrounds - Georgette is working on this.

Van Update - should be here by the end of August. We will discuss with BOS about COA using the van for senior outings.

Liz Jaffe is conducting iPhone workshops for the COA. She is an excellent presenter and there have been many attendees.

Pamela and Donna continue to work on attracting younger seniors to the COA.

Bruce, Georgette and Peg McDonough will meet with reps from Walk Boston on Tuesday, Aug. 23 at 12:00, to discuss walking safety and public access at Prospect Lake. Meet at 12:00 at Town Hall to car pool to the lake.

Meeting adjourned at 1:30.

Respectfully submitted,

Peg Muskrat, Administrative Assistant